



**2024**

# ANNUAL REPORT

**PERIOD ANALYSED : JUNE 2023 - JULY 2024**

---

**contact@garimatrust.in**

website: [www.garimatrust.in](http://www.garimatrust.in)

**garima**  
TRUST



### **Garima - Dignity**

***"The right to live includes the right to live with human dignity and the bare necessities of life like adequate nutrition, clothing, shelter and facilities for reading, writing and expressing oneself in diverse forms... and to carry on functions and activities as constitutes the bare minimum expression of the human self."***

**~ Hon' Delhi High Court**

**Francis Coralie vs Union of India**

We are a young, progressive, queerfeminist, socialist nonprofit based in Bangalore, India. We support marginalized children and women, advocate for their dignity, rights, access to entitlements, run awareness programs and strengthen grassroots communities. We were registered in 2023.



### **CORE AREAS OF WORK**

**Prevention of child sexual abuse**

**Menstrual, sexual, reproductive health**

**Gender-based violence & discrimination**

**Education and Awareness**

**Mental health care and wellbeing**



### **Our Core Community**

Children, Students, Youth, Informal Workers, Domestic Workers, Waste Workers, Beedi Workers, Caregivers, Teachers, Mental Health Experts, Doctors, Social Workers, Child Rights Workers





## **SAFE CHILDHOOD- PREVENTING & FIGHTING CHILD SEXUAL ABUSE (CSA)**

Interactive, narrative workshops to create awareness against child sexual abuse with a child-centered approach . Sensitized children aged 3-16 on Personal Safety Education. Trained teachers, doctors, caregivers, social workers on handling disclosures, creating safe spaces and being alert to CSA. Shared handouts, resources and hotline numbers for surviving children or their caregivers.

**Reached 500+ children and 200+ adults through Safe Childhood**



*“Apart from personal safety session with the children, mothers were sensitized on how to be aware of safe and unsafe situations for their children, understanding that many times abusers can be immediate family members, and other realities of child sexual abuse. Mothers learned how to identify signs of abuse in children through behavioral changes. I think these sessions should be conducted with mothers every six months. This was very helpful for us and more organizations should arrange this program with Garima team.”*

*~ Geetha - President, Sadhana Mahila Sangha*

## **TRAININGS ATTENDED BY OUR TEAM**

- **Understanding Child Sexual Abuse and Personal Safety Education Programme conducted by Arpan , Mumbai**
- **Experiential Workshop on Restorative Circles conducted by Enfold India, Bangalore**





## MUKTI- FIGHTING PERIOD POVERTY

Addressing the needs of menstruating children and women fighting period poverty with the goal to have a safe, green period and to **#bleedwithdignity**. Conducted awareness workshops, distributed free sustainable products (*reusable cloth pad sets or period cups*) and provided medical care as needed by members.

### Reached 150 persons with Project Mukti:

- Awareness workshops and free product distribution - 150 members
- Medical camp and assistance provided - 100 members



*"After our workshop, I spoke to my husband about what you said... the long term health impact of oral pills on women. He has agreed to use condoms. Can you please get me some? He is not buying it but I want to make it happen. I want to use condoms"*

*- Priya - Mukti Workshop Participant\**

*"The reusable cloth pads are a blessing! It's the best thing I've ever used for my periods. I'm so glad that all the women are getting it for free, this will help them to save money and avoid infections. Please keep coming for more workshops."*

*- Rahima - Community Health Worker*

*\*Names changed to protect identity of stakeholders*





## SULTANA'S DREAM- STOP CHILD MARRIAGE!- A STREETPLAY

Scripted by Garima, this musical play is a loose rendition of the 1905 Bangla feminist utopian story *Sultana's Dream* written by Begum Rokeya. It was directed by our team and performed by children of informal workers, raising demands to stop child marriages and child labour in their communities through theatre, music and dance.

**The play has reached 1500+ community members.**

Under Creative Commons License © Sultana's Dream-SAY NO TO CHILD MARRIAGE-A street play by Garima Trust © 2024 licensed under CC BY-NC-SA 4.0.

*"This is such an important topic! How can people marry children? It's not fair! Even our homes are no different. Now if they try to do that, we can call 1098 and stop it. We won't let children get married here!!!"*

*~ Seema, Afreen, Jhumpa, Faizul, Tumpa - Actors in Streetplay*

*I've seen Garima trust since inception and witnessed various initiatives in different capacities. They bring in deep passion and care for the communities that they work with, and no matter what, stand by the values of justice and dignity. I find Garima's work most meaningful because of its people-centric approach with a right mix of critical thinking, feminist values, research, and activism. I have always felt a sense of commitment in them towards the communities and social change, and I've seen the team pool in any resources required to achieve their goals.*

*~ Dr. Swathi SB - Advisor | Public Health Expert*

**\*\*Names changed to protect identity of children**



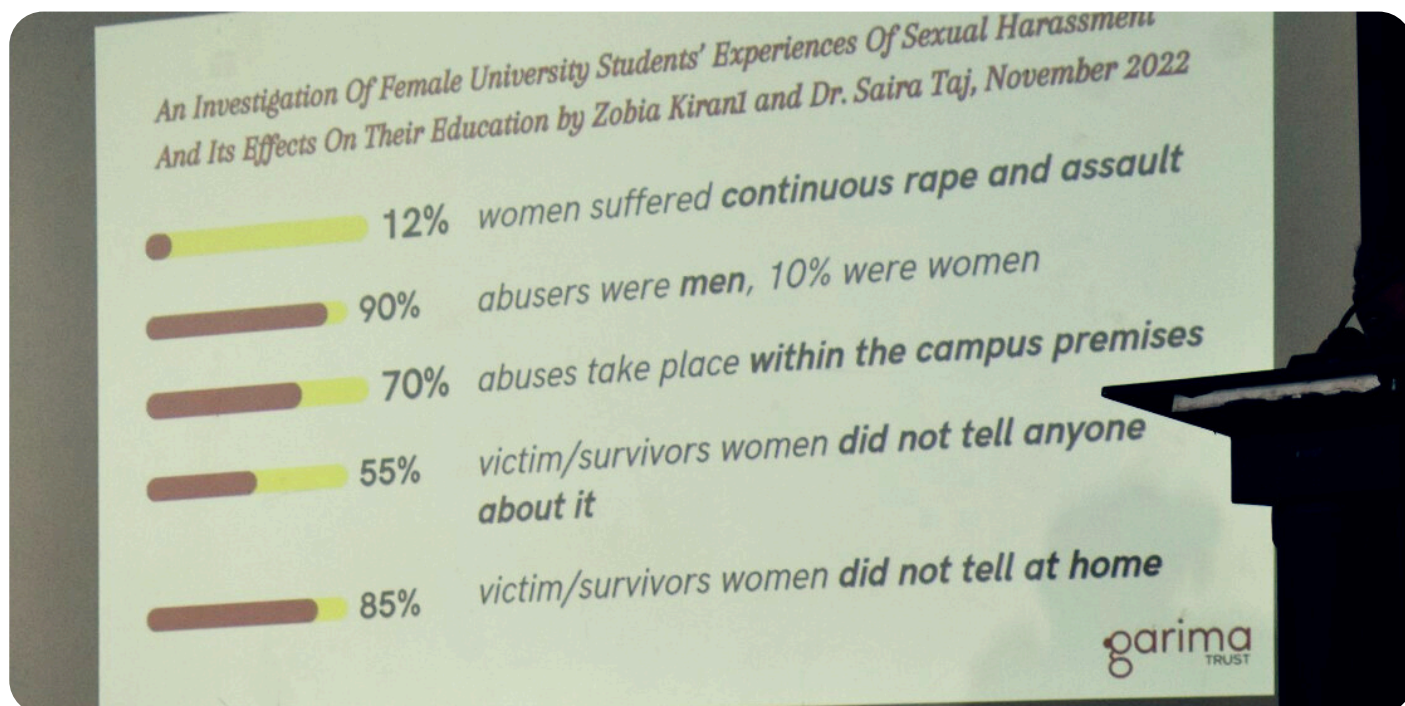




## UDAAN- COMPREHENSIVE SEX AND GENDER EDUCATION (CSGE)

Conducted interactive sessions with youth aged 18-26 to secure a productive and fulfilling life while safeguarding oneself from STIs/ STDs/HIV Aids, unwanted pregnancies, gender based violence, discrimination and inequalities at home, school and work.

**We reached 350+ young adults with our lessons on CSGE**



*"Receiving sex and gender education is every child's right; to guide our children with a caring, scientific and honest temperament is our duty."*

*- June, Cofounder*





*“All the weary mothers of the earth shall finally rest, We shall take their babies in our arms and do our best.”*

*— Joan Baez, Activist Musician*

## OUR PERFORMANCE SO FAR

No. of people reached in 1st year: **2500+ women, children, youngsters**

Workshops and sessions conducted: **32**

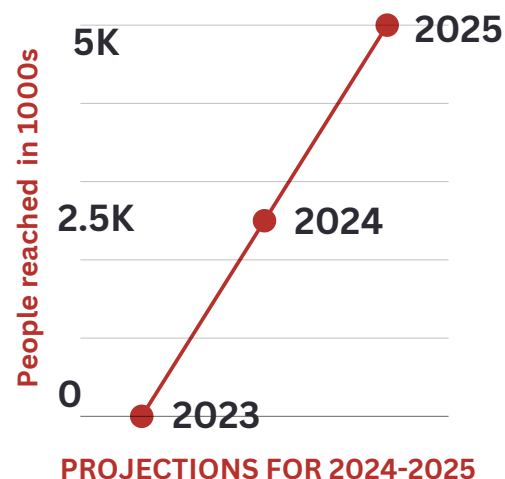
Crisis support and assistance: **7 cases**

Collaboration with groups/ orgs: **8**

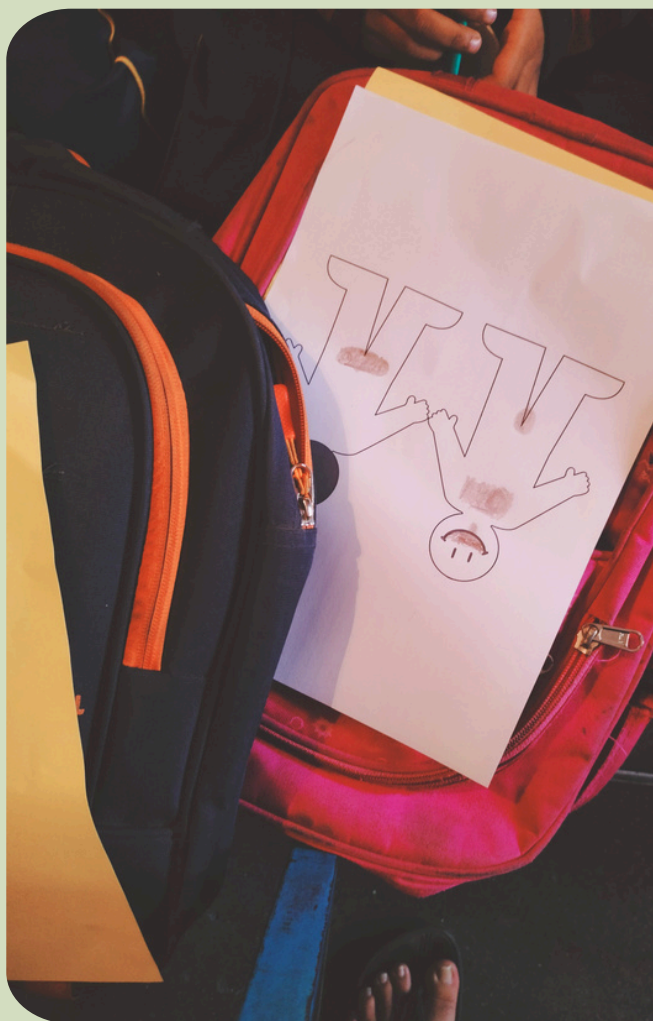
States worked in: **Karnataka, Kerala, Uttar Pradesh, Delhi NCR, Maharashtra**

## GOALS FOR JULY 2024 - JULY 2025

- Enable **500+ safe, green periods**
- Train **1000 children+500 adults** on CSA prevention
- Enable **domestic workers' and waste workers' unions**
- **Learning centers for 100** unschooled children aged 5 - 16
- **Campaign-** “Sexual Abuse as a Public health Issue”
- **TO REACH 5000 WOMEN AND CHILDREN DIRECTLY**







## **TOTAL FUNDS RECEIVED**

**5.8 lakhs**

## **OUR GRATITUDE TO OUR CA PARTNERS**

**M/S Sultan & Lohith**

## **OUR FUNDERS, CLIENTS & DONORS**

- Indian Medical Assn- Taliparamba Members
- Children of India Foundation
- Rotary Club, Bangalore
- Nariyari Menstrual Cups
- Sangama
- Sochara
- The Community Library Project
- Sadhana Mahila Sangha
- Arunodaya Trust
- Shruthi Rao
- Rohini Malur
- Sharath Yale
- Akash & Anushtha
- Dr. Praveen Gopinath
- Rashmi Ravikumar
- Rekha Ramaswamy
- Jerry John
- Sumitra Achuthan
- Saritha Riyaz
- Abdul Vaheed
- Dr. Maya Bifi

We are registered under Indian Trust Act with 80G certification. Visit our website for full list of donors | 80G URN: AAETG4628AF20241





*“Go, Get Education!*

*Be self-reliant, be industrious*

*Work, gather wisdom and riches,*

*All gets lost without knowledge*

*We become animal without wisdom,*

*Sit idle no more, go, get education*

*You’ve got a golden chance to learn*

*So learn and break the chains of caste.*

*Throw away the Brahman’s scriptures fast”*

*~ Savitribai Phule~ Feminist, Reformist, Poet*

**THANK YOU**

---

Contact us: +91-9986-124-300

[instagram.com/garimatrust](https://www.instagram.com/garimatrust)

**garima**  
TRUST